

**SKRIPSI**



**IMPROVING THE SEVENTH GRADERS STUDENT SPEAKING ABILITY  
OF SMP NU PUTRI NAWA KARTIKA KUDUS  
IN 2015/2016 ACADEMIC YEAR  
BY USING “BOLA BEKEL” (TRADITIONAL GAME)**

**By:  
NUR SYAFI'ATUL AKHADAH  
NIM 201132015**

**ENGLISH EDUCATION DEPARTMENT  
TEACHER TRAINING AND EDUCATION FACULTY  
MURIA KUDUS UNIVERSITY  
2016**



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**Presented to the University of Muria Kudus  
In Partial Fulfillment of the Requirements for Completing the Sarjana Program  
In English Education**

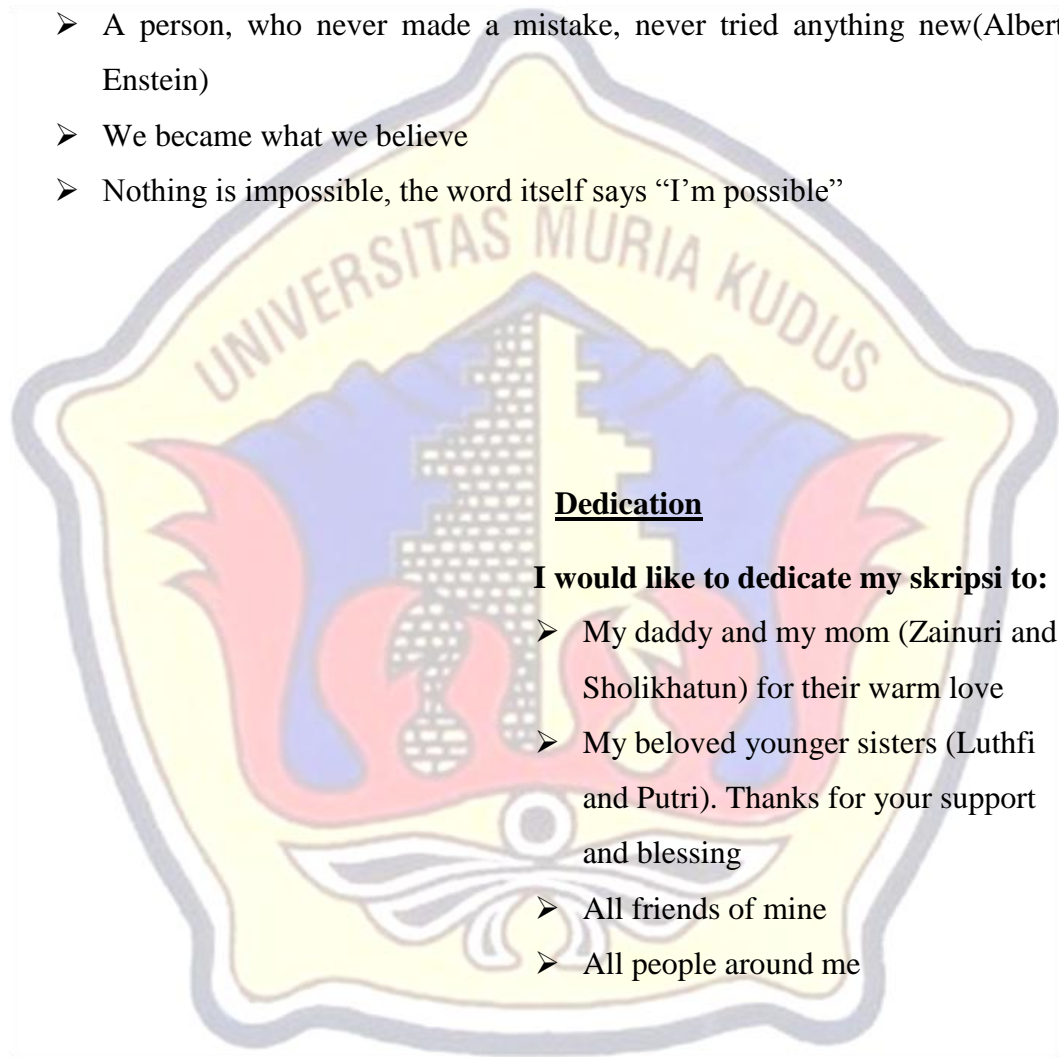
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## MOTTO AND DEDICATION

- The past is a ghost, the future is a dream, and whatever we have is now (Bill Cosby)
- Life is what happens to you while you're busy making other plans (Jhon Lennon)
- A person, who never made a mistake, never tried anything new (Albert Einstein)
- We became what we believe
- Nothing is impossible, the word itself says "I'm possible"



### **Dedication**

**I would like to dedicate my skripsi to:**

- My daddy and my mom (Zainuri and Sholikhatun) for their warm love
- My beloved younger sisters (Luthfi and Putri). Thanks for your support and blessing
- All friends of mine
- All people around me

### ADVISORS' APPROVAL

This is to certify that the *Skripsi* of Nur Syafi'atul Akhadah (2011-32-015) has been approved by the *Skripsi* advisors for further approval by the Examining Committee.

Kudus, December 2015

Advisor I




**Drs. Suprihadi, M. Pd**  
**NIP. 19570616 198403 1 015**

Advisor II



**Mutohhar, S.Pd, M.Pd**  
**NIS. 0610701000001204**

**Acknowledged by**  
**Head of English Department**



**Diah Kurniati, S.Pd, M.Pd**  
**NIS. 0610701000001190**




### EXAMINERS' APPROVAL

This is to certify that the Skripsi of Nur Syafi'atul Akhadah (2011-32-015) has been approved by the Examining Committee as a requirement for the Sarjana degree of English.

Kudus, January 2016  
Skripsi Examining Committee

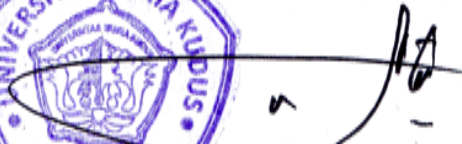
  
Drs. Supriyadi, M.Pd, Chairperson  
NIP. 19570616 198403 1 015

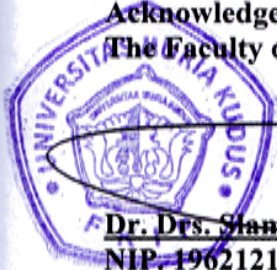
  
Mutohhar, S.Pd, M.Pd, Member  
NIS. 0610701000001204

  
Diah Kurniati, S.Pd, M.Pd, Member  
NIS. 0610701000001190

  
Junaidi, S.Pd, M.Pd, Member  
NIS. 0610701000001225

Acknowledged by  
The Faculty of Teacher Training and Education

  
Dr. Drs. Slamet Utomo, M.Pd  
NIP. 19621219 198703 1 015



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This Skripsi is not merely her own work but has also been greatly improved by the willing cooperation and assistance of a number of people in the process of accomplishment. Therefore, she would like to express her deep gratitude to:

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Finally, the writer hopes this Skripsi will be useful for the readers especially to the learners of English Education Department in Muria Kudus University.

Kudus, December 2015

The Writer

Nur Syafiatul Akhadah



## ABSTRACT

Akhadah, Nur Syafiatul.2015. *“Improving The Ability Of Speaking Of Seventh A Grader Of SMP Nu Putri Nawa Kartika Kudus In 2015/2016 Academic Year By Using “Bola Bekel” (Traditional Game). Skripsi.* English Education Department. Teacher Training and Education Faculty. Muria Kudus University. Advisor:(1)Drs.Suprihadi,S.Pd,M.Pd., (2) Mutohhar, S.Pd, M.Pd.

Key words: *Speaking Ability, Bola Bekel, Classroom Action Research*

Speaking skill is a skill or competence to express ideas or opinion orally which had been understood. The writer found the problem of the students when the writer did the observation. In the speaking class in the Seventh A graders of SMP Nu Putri Nawa Kartika Kudus. The students felt difficult to speak English in a good communicative efficiency that are pronunciation, grammar, vocabulary, fluency, and content. Bola Bekel is a traditional technique which played consisting two person or more and can be used to treat students to be brave in delivering speech, honest, and respect others. It can improve the students' speaking ability and motivate the students to learn, because by using Bola Bekel, the students get happiness and help the students to develop or share their ideas easily. Therefore, the writer uses Bola Bekel Game as a Technique in teaching speaking.

The objective of the research is to find out whether Bola Bekel Game as a Technique can improve the speaking ability of the seventh A graders of SMP Nu Putri Nawa Kartika Kudus in 2015/2016 academic year. Meanwhile, the writer intends to improve the students' speaking ability by applying Bola Bekel Game as a Technique in speaking class.

This research belongs to classroom action research. This research conducted by the teacher and the writer as an observer. This research is conducted by two cycles which consists of planning, acting, observing, and reflecting. There are two instruments that the writer used in this research. The used of observation sheet to know the activity among the teacher and students in classroom, and to measure the students' speaking ability the writer used test as an last instrument.

This research finding showed that there was an improvement in every cycle. In the first cycle, the average score of students' speaking ability of descriptive text was 63.17%. It was showed that the category is sufficient. However, in the second cycle the average score students' speaking ability of descriptive text was 78%. It means that the category is good and more than the KKM.

Regarding the fact above, the writer suggest to the English teacher to choose the Bola Bekel Game to teach in English class. Therefore, the English teacher should try to apply Bola Bekal Game as a Technique in teaching and learning process. Mainly, the Bola Bekel game could improve the students' speaking ability.

## ABSTRAK

Akhadah, Nur Syafiatul.2015. *“Improving The Ability Of Speaking Of Seventh A Grader Of SMP Nu Putri Nawa Kartika Kudus In 2015/2016 Academic Year By Using “Bola Bekel” (Traditional Game). Skripsi.* Pendidikan Bahasa Inggris. Fakultas Ilmu Keguruan dan Ilmu Pendidikan. Universitas Muria Kudus. Pembimbing: (1)Drs. Supriyadi, S.Pd, M.Pd., (2) Mutohhar, S.Pd, M.Pd.

Kata Kunci: *Kemampuan Berbicara, Bola Bekel, Penelitian Tindakan Kelas.*

Kemampuan berbicara adalah kemampuan atau kompetensi untuk mengungkapkan ide secara lisan yang dapat dipahami. Penulis menentukan masalah siswa di kelas VII A di SMP NU Puri Nawa Kartika kudus. Siswa merasa sulit berbicara dalam bahasa inggris yang benar dalam aspek pengucapan, grammar, kosakata, kelancaran dan isi. Bola Bekel adalah teknik tradisional yang dimainkan terdiri dari dua orang atau lebih dan dapat digunakan untuk mengobati siswa supaya berani dalam memberikan pidato,jujur, dan menghormati orang lain. Hal ini dapat meningkatkan kemampuan berbicara siswa dan memotivasi siswa untuk belajar, karena dengan menggunakan Bola Bekel siswa mendapatkan kebahagiaan dan membantu siswa untuk mengembangkan atau berbagi ide mereka dengan mudah. Oleh karena itu penulis menggunakan permainan Bola Bekel sebagai teknik di pengajaran berbicara.

Tujuan utama diadakan penelitian ini adalah untuk menentukan apakah permainan Bola Bekel sebagai teknik mampu meningkatkan kemampuan berbicara bahasa Inggris siswa kelas VII A di SMP NU Putri Nawa Kartika Kudus pada tahun ajaran 2015/2016. Sementara itu, penulis bermaksud meningkatkan kemampuan berbicara siswa dengan mengaplikasikan permainan Bola Bekel sebagai teknik di kelas berbicara.

Penelitian ini adalah penelitian tindakan kelas (PTK). Penelitian ini dilakukan oleh guru dan penulis sebagai penelitian yang mengobservasi jalannya aktifitas di dalam kelas. Terdapat dua siklus yang terdiri dari Perencanaan, Tindakan, Observasi dan Refleksi. Ada dua cara yang digunakan oleh penulis yaitu observation sheet untuk mngetahui aktifitas belajar mengajar di dalam kelas dan untuk mengukur kemampuan siswa digunakan tes.

Hasil penelitian menunjukkan bahwa adanya peningkatan disetiap siklus. Siklus pertama, hasil rata- rata nilai siswa adalah 63.17 yang menunjukkan bahwa masuk dalam kategori cukup. Sedangkan di siklus kedua mengalami peningkatan yang signifikan yaitu rata – rata 78 yang menunjukkan kategori baik dan telah melampaui KKM.

Mengenai hasil data diatas, penulis menyarankan kepada guru untuk menggunakan permainan Bola Bekel dalam proses belajar mengajar. Oleh karena itu, guru bahasa Inggris harus menggunakan permainan Bola Bekel sebagai teknik

telah meningkatkan proses pembelajaran dan kemampuan belajar siswa meningkat.



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